



Person Centered Planning

What is a Person Centered Planning?

- A gathering of the person with Autism and all the people who care about them the most
- An ongoing discussion that helps the person and their team think about and process the student and their life in a comfortable and supportive environment.
- The creation of an action plan that includes actions for all members of the team and tasks that target all areas of the child's life
- Maintenance of the action plan through ongoing follow up meetings and communication

Who will come to the meeting?

- The person with Autism and their family decide who they want to invite
- The person with Autism has as much input and participation in the meeting as possible and appropriate.
- The people at the meeting can include people from home, school, the community, medical teams, etc.

What will we talk about the initial meeting?

- The person's likes/dislikes
- The person's talents/strengths/gifts
- Hopes and dreams for the student's short term future and long term future
- Fears and worries
- The person's challenges and needs
- Most importantly, we will talk about an action plan that includes steps that will help the student's dreams become a reality!**

Is this an IEP?

- No! This process is very different from an IEP, although some of the goals we discuss in this meeting will absolutely help us in planning their IEP goals.
- We will still hold an IEP meeting at the usual time of year, but we will hopefully have a better understanding of where we (as an extended team) would like to go with her short and long term goals already.

Why should we have a person centered planning meeting right now?

- this meeting provides an opportunity for the student's team to celebrate progress made in the last few years.
- This meeting provides a space to discuss successes and challenges with behaviors generalizing across settings.
- This meeting allows a student's new team members to become a successful part of the extended team during a time of transition.
- This type of plan supports lifelong learning in all areas of the person's life and helps them become a more meaningful participant in their own community.
- This meeting is an opportunity to "dream big" and "aim high" for future planning and come up with an attainable action plan to take steps towards those goals.